

**AMENDMENT TO CLAIMS**

1           1. (Amended) An exercise device comprising an elongated roller  
2 formed of a compressible material, an outer surface, an axis, a curved top on  
3 one side of the axis, [and] a curved bottom on the other side of the axis and a  
4 length in the direction of the axis, the curvature of the curved top of the roller  
5 being different than the curvature of the curved bottom of the roller, and the  
6 length being substantially greater than the maximum distance between the top  
7 of the roller and the bottom of the roller.

1           2. (Original) The exercise device of claim 1, wherein the curvature of  
2 the top portion is circular and the curvature of the bottom portion is circular, the  
3 radius of the curvature of the top portion being different from the radius of the  
4 curvature of the bottom portion.

1           3. (Amended) An exercise device comprising an elongated roller  
2 formed of a compressible material and having [an axis] first and second axes,  
3 a length and a first sectional plane parallel to the first and second axes [axis],  
4 the first sectional plane dividing the roller into a top and bottom, the top having  
5 a top surface that is curved about the first axis, and the bottom having a bot-  
6 tom surface that is curved about the second axis, the length being substan-  
7 tially greater than the distance between the first and second axes, [being  
8 curved on the outside of the roller and] the curvature of the top surface of the  
9 roller being different than the curvature of the bottom surface of the roller.

1           4. (Amended) The exercise device of claim 3, wherein the [curvature  
2 of] the top surface [portion is] has a circular cross-section and [the curvature]  
3 of the bottom surface [portion is] has a circular cross-section, the radius of the  
4 curvature of the top portion being different from the radius of the curvature of  
5 the bottom portion.

1           5. (Amended) An exercise device comprising an elongated roller  
2 formed of a compressible material and having [an] a longitudinal axis, [and] a  
3 first sectional plane parallel to the axis, and a length in the direction of the axis,  
4 the first sectional plane dividing the roller into a top and bottom, the top having  
5 a top surface and the bottom having a bottom surface, and means on the out-  
6 side of the roller for balancing the roller on at least the bottom surface and for  
7 changing the balance of the roller depending of whether the top surface or the  
8 bottom surface is facing upward, wherein the length being substantially greater  
9 than the maximum distance between the top and bottom surfaces.

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1           6. (New) The exercise device of claim 2, wherein the length of both ra-  
2 dii is substantially less than the length of the roller in the direction of the axis.

1           7. (New) The exercise device of claim 2, wherein the radius for the bot-  
2 tom surface begins nearer the top surface than the beginning of the radius for  
3 the top surface.

1           8. (New) The exercise device of claim 3, the roller being adapted to  
2 rest normally only on the top or bottom surfaces.